

Fall 2022: University Honors Program (UHP) UHON 351 Seminars

- Students may reserve one seat or waitlist a UHP seminar during the March 22-24 online Honors Seminar Reservation process.
- Students must meet their Academic Advisor to obtain their RUN# in order to register.
- Registration must be completed using Saluki-Net or you may forfeit your UHP course reservation.
- Waitlisted students will be contacted as spaces become available.

The Honors cluster theme this year is *Migrations and Borders*. The courses in this cluster are **marked in red**.

351F- Fine Arts

002	Exploring Children's Literature	MW 2:00-3:30	Library 610A	Dougherty
003	Yoga and Sound Healing	M 11:20-1:50	Altgeld 116	Johnson
004	Making Math Fun for Children	TR 11:00-12:30	Library 180	Miller & Bu
005	Bodies Moving Borders: The Birth and Development of Tap, Jazz and Hip-Hop Dance in the United States	WF 4:00-5:30	Lawson 201	Clark
006	Classical Music and World Affairs: From Mozart to Ukraine	TR 4:00-5:30	Altgeld 106	Benyas
950	The Aesthetic Impulse	W 6:00-9:00 pm	virtual	Kapur and Ruckh

351L- Human Health

001	Yoga and Sound Healing	M 11:20-1:50	Altgeld 116	Johnson
002	Health Communications	MW 9:00-10:15	Library 724	Karan
003	Understanding Autism Spectrum Disorders	M 4:00-5:30 & W 11:00-12:00	Library 722	Shawler
950	Psychological Skills for Everyday Life	T 6:00-8:30 pm	Virtual	Drake

351M-Multicultural

001	Yoga and Sound Healing	M 11:20-1:50	Altgeld 116	Johnson
002	Bodies Moving Borders: The Birth and Development of Tap, Jazz and Hip-Hop Dance in the United States	WF 4:00-5:30	Lawson 201	Clark
003	Snapshots of the U.S./Mexico Border: Politics of Care and Resistance	TR 2:00-3:30	Lawson 121	Dennstedt
004	Classical Music and World Affairs: From Mozart to Ukraine	TR 4:00-5:30	Altgeld 106	Benyas
950	The Aesthetic Impulse	W 6:00-9:00 pm	virtual	Kapur and Ruckh

351O-Social Science

001	Health Communications	MW 9:00-10:15	Library 724	Karan
002	Understanding Autism Spectrum Disorders	M 4:00-5:30 & W 11:00-12:00	Library 722	Shawler
003	Politics, Power, and Ideas in Victorian Britain	MR 6:00-7:15	Library 722	Sramek
004	Making Math Fun for Children	TR 11:00-12:30	Library 180	Miller & Bu
950	Psychological Skills for Everyday Life	T 6:00-8:30 pm	Virtual	Drake
006	Classical Music and World Affairs: From Mozart to Ukraine	TR 4:00-5:30	Altgeld 106	Benyas

351U-Humanities

001	Politics, Power, and Ideas in Victorian Britain	MR 6:00-7:15	Library 722	Sramek
003	Bodies Moving Borders: The Birth and Development of Tap, Jazz and Hip-Hop Dance in the United States	WF 4:00-5:30	Lawson 201	Clark
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COURSE DESCRIPTIONS

Classical Music and World Affairs: From Mozart to Ukraine -New!

This seminar will explore the relationship between classical music and world affairs, and is taught at the intersection of the arts, history and politics. Students will learn the historical context of masterpieces of music from the 18th to the 21st centuries and consider how these works reflect or influence major political issues of the day. Examples include: Mozart and the French Revolution; Beethoven and Napoleon; Verdi and the politics of 19th-century Italy; Wagner, anti-Semitism and Europe's 1848 Revolutions; Nazi Germany and "Degenerate Music"; Shostakovich, Stalin and World War II; Copland, Communism and McCarthy; Leonard Bernstein, political dissent and the fall of the Berlin Wall; and the music and politics of SIU's composer-in-residence, Christopher Walczak. We will read, listen to and watch musical performances, and analyze compositions. Some musical background will be helpful, but is not necessary.

Ed Benyas, Professor, School of Music

Bodies Moving Borders: The Birth and Development of Tap, Jazz and Hip-Hop Dance in the United States– New!

This course will delve into the historical roots and development of Tap, Jazz, and Hip-Hop and trace their close links with the African American community. Through the process of learning about these dance forms, including a few workshops in dance, students will discover the interrelation between these three dance idioms. We will also see the full weight of the impact of these dance practices on contemporary forms of popular entertainment.

Darryl Clark, Assistant Professor, Musical Theatre and Dance, College of Arts and Media

Snapshots of the U.S./Mexico Border: Politics of Care and Resistance– New!

This course is an analysis of the experience of the U.S./Mexico border from the perspectives of racialized immigrants, refugees, and other minoritized groups as represented in fiction, film, art installations, and other artistic forms. Using these different forms of cultural production as case studies, we will examine the border region as a site of labor, exchange, the construction of citizenship, and discourses of otherness. The questions animating this seminar are: How does the US contribute to shaping contemporary migration (policies, attitudes, longer history of immigration)? How do art and literature represent migration? Can cultural production be a form of caring and resistance?

Francesca Dennstedt, Assistant Professor, Languages, Cultures and International Studies, College of Liberal Arts.

Exploring Children's Literature – student generated!

This is a student-generated course, developed at the request of an Honors student desiring to go deeper into children's literature. In this course, we will engage with a range of juvenile literature and other media, aimed at readers from the ages of 0-18. We will establish the behavioral, psychological, and educational advantages of reading to very young children, examine the development of literacy in children and adolescents, and explore how juvenile literature socializes and acculturates children and adolescents. We will determine what makes a successful children's book and write our own, revisit the books we knew and loved when we were young(er), and consider a variety of juvenile genres, including non-fiction, horror, comedy, poetry, and fantasy.

Jane E. Dougherty, Associate Professor, English, College of Liberal Arts

Psychological Skills for Everyday Life– New!

This seminar explores evidence-based approaches to behavior change, with a particular focus on applying these tools in ways that facilitate personal growth. One might think of this class as a "hands on" experience in developing skills to enhance personal motivation, attention, cognitive flexibility, self and social awareness, emotional maturity, and life engagement. We will draw on insights from behavior therapy, cognitive behavioral therapy, and acceptance and commitment therapy; all of which emphasize personal values and mindfulness skills, among other things, to build psychological flexibility. Students will become familiar with the historical backdrop of these technologies and will explore their relevance to the stresses and challenges of ordinary life problems.

Chad Drake, Former Associate Professor, Psychology, School of Psychological and Behavioral Sciences.

Yoga and Sound Healing

This course provides introductions to both yoga and to the healing science of sound. While learning basic alignment principles and core poses of yoga, students will experience first-hand yoga's health benefits and the healing effects of sound/vibration on brain and body. How can yoga and sound practices help foster clearer thinking, emotional equilibrium, a sense of peace and well-being, balance, flow and ease in navigating your life? How can yoga and sound practices facilitate greater awareness, compassion, empathy, presence, and deeper interpersonal communication? How can practices of yoga and sound create safe spaces that nurture internal processes and a sense of feeling at home in your body while fostering a sense of community and belonging? This course challenges the student not only to think across disciplinary divides but also to integrate the creative and the scholarly, the embodied practices of yoga and sound with the scientific principles and concepts behind them.

Maria V. Johnson, Associate Professor of Ethnomusicology, School of Music, College of Arts and Media.

The Aesthetic Impulse: Why humans make art and how art makes us human?

From the famous paleolithic cave paintings, from approximately 35,000 to 40,000 years ago, humans have been making art, that is both representing the world and inventing other worlds. This drive is one of the definitive features of our species, of who we are and how we think. It seems an unavoidable necessity—the reason why we can be described both as *homo faber* (as maker) and *homo ludens* (as playful). Is the artistic impulse an impulse to preserve or to play, to waste or to wonder? Is it how we grasp the reality of our existence or how we delude ourselves away from it? Is the artistic impulse liberatory or does it socialize us into structures of exploitation? In this seminar, we ask: why do humans make art and how art makes us human?

Jyotsna Kapur, Professor, Cinema and Media Studies & Director University Honors Program, SIUC and Eric Ruckh, Associate Professor, History & Director University Honors Program, SIUE

Health Communication: Theory, New Strategies & Campaigns

The Covid-19 pandemic has increased the need to understand health issues, preventive, and safe health practices. Understanding the challenges and practices of communicating about health has never been more important than now. This course aims to increase the health literacy in understanding various issues relating to healthy lifestyle and behaviors. It will address the following questions: What are the global and large-scale health threats within the United States and other countries? What are the health communication campaigns and strategies being used to promote better lifestyles, prevent communicable disease adopt better health behaviors? How are new media and mobile technologies influencing and impacting health information and health practices? What are some major health issues of six-eight countries and the integrated efforts used to prevent or control diseases? How to plan a health communication campaign to promote a health issue of concern?

Kavita Karan, Professor, School of Journalism & Advertising, College of Arts and Media.

Making Math Fun for Children: Design Literacies, STEM education & Community Engagement- New!

Creativity matters. So does community engagement. In this seminar, students will learn about a basic concept in design thinking, i.e., Problem-Based Learning (PBL) and how it may be used in freeing the creativity of children and making the teaching of Science, Technology, Engineering, and Mathematics (STEM) fun for elementary school children. In this theory-practice seminar, students will study the history, development, and curricula related to Problem-Based Learning (PBL) and try out what they have learned with children. We will design toys and exercises to make these subjects fun and meaningful, in the process, discover the joys of both learning and teaching. This seminar brings together some of the best Saluki traditions, i.e., the legacy of Buckminster Fuller's contributions to design thinking and the SIUC commitment to enriching the local community.

Grant Miller, Associate Professor & Lingguo Bu, Associate Professor, School of Education

Addressing the Needs of Individuals with Autism Spectrum and related Disorders: Bridging the Gap Between Research and Practice - New!

The prevalence of autism has been on the rise over the last two decades. People with autism may face deficits ranging from social, emotional, and communication skills. They have different ways of learning, paying attention, or reacting to things. Care for people with autism cannot be left at the individual, familial or clinical level alone but must be a social and community endeavor. Community support will enrich not only the lives of people with autism and their families but society, making it more inclusive and richer. This seminar aims to educate students on evidenced-based strategies when working with individuals with autism as an effort to address this gap in community knowledge. This course will also discuss how collaboration across professional disciplines can be beneficial for individuals with autism and their families. This course is unique in that students will have the opportunity for both classroom and direct clinical experience in applying learned skills at the Center for Autism Spectrum Disorders (CASD) on campus.

Lesley Shawler, Ph.D., BCBA, Assistant Professor, Behavior Analysis and Therapy, School of Psychological and Behavioral Sciences.

Politics, Power and Ideas in Victorian Britain – New student generated seminar!

The Victorian era (ca. 1830-1900) in Britain saw massive economic and social transformations brought about by industrialization and the emergence, for the first time, of a modern class society. Government itself was transformed during this period, as parliament found itself having to grapple with national issues such as poor relief and the Irish potato famine in the mid-1840s, and an intense contest over whether the economic policy of free trade capitalism ought to prevail. Questions of suffrage and democracy, of women's rights, and of the rights of labor, came to the fore. The era saw the interplay of major modern political ideologies such as conservatism, classical liberalism, Utilitarianism, radicalism, and socialism. This seminar will engage this history in a sustained interactive manner through the use of two full-length *Reacting to the Past* games, one written by Dr. Sramek and another by Ryan Jurich (an Honors student) under his guidance. *Reacting to the Past* emphasizes experiential learning. Students grapple with major works and ideological conflicts by playing a real historical character and advancing their character's ideas and goals through both cooperative and competitive game-play.

Joseph Sramek, Ph.D., Associate Professor, School of History and Philosophy. Student generated by Ryan Jurich, College of Liberal Arts