

## Spring 2020 University Honors Program (UHP) UHON 351 Courses

- Students may reserve one seat or waitlist a UHP course by attending Reservation Night;
- Registration must be completed during Early Registration Day (TBA) using SalukiNet or forfeit their reserve UHP Course;
- Students must meet with their Academic Advisor to obtain their RUN # before registering;
- Waitlisted students will be contacted as spaces become available

**Reservation Night is October 23<sup>rd</sup> at the 1<sup>st</sup> floor of the Morris Library in the Rotunda. Come join us for refreshments and meet our Spring 2020 Honors faculty while reserving your classes as follows:**

- **4:30 – 5:00 PM:** Third Year Students and Transfers with Associate Degrees
- **5:00 – 5:45 PM:** Second Year Students
- **5:45 – 6:30:** First Year Students

**\*Probation students with a GPA of 3.1-3.29 may reserve seats on Thursday, October 24<sup>th</sup> in the UHP**

**New for Fall 2019-Spring 2020:** Each year, the Honors Program takes on a concept or problem to explore in teaching, student and faculty research, speaker series, events, and service opportunities on campus and in the community. Our theme this year is *survival*. There are six courses in this cluster to choose from (**marked in bold**), if you are interested in this emphasis.

### Office

#### 351F-Fine Arts

001	<b>Hip Hop, Race, Gender, and Incarceration</b> Frankowski	TR 4:45-6	Morris 112	
002	Social History of Rock and Roll	TR 11-12:15	Altgeld 114	Brozak
003	Yoga and Sound Healing Johnson	W 11:30-1:50	Altgeld 116	

#### 351L-Human Health

001	Yoga for Harmonious Living	T 2-4:30	REC Center	Tigerlily
003	Yoga and Sound Healing Johnson	W 11:30-1:50	Altgeld 116	
004	Yoga for Self-Realization	R 2-4:30	REC Center	Tigerlily
005	Sociology, Substance Abuse/Behavioral Addict. Nichols	MW 2-3:15	Morris 112	

#### 351M-Multicultural

002	<b>Hip Hop, Race, Gender, and Incarceration</b> Frankowski	TR 4:45-6	Morris 112	
003	Yoga and Sound Healing Johnson	W 11:30-1:50	Altgeld 116	
004	<b>I Will Survive: Gay/Lesbian Life in 20<sup>th</sup> Century</b>	F 1-4	Pulliam 112	Dilley
005	Yoga for Harmonious Living	T 2-4:30	REC Center	Tigerlily
006	The Evergreen Model	TBA	TBA	TBA

#### 351O-Social Science

001	<b>Hip Hop, Race, Gender, and Incarceration</b> Frankowski	TR 4:45-6	Morris 112	
002	<b>Economic Survival in Growing Inequality</b>	TR 9:35-10:50	Morris 112	Stickers
003	Social History of Rock and Roll	TR 11-12:15	Altgeld 114	Brozak
004	<b>Politics of Survival: Social Movements</b>	TR 12:35-1:50	Morris 112	Reed

005	<b>Climate Change</b> : Mediating with Biotech Lightfoot	MF 11-12:15	PPI 114A	
006	Sociology, Substance Abuse/Behavioral Addict. Nichols	MW 2-3:15	Morris 112	
007	<b>I Will Survive: Gay/Lesbian Life in 20<sup>th</sup> Century</b>	F 1-4	Pulliam 112	Dilley
008	<b>The Evergreen Model</b>	TBA	TBA	TBA

### **351U-Humanities**

002	<b>Hip Hop, Race, Gender, and Incarceration</b> Frankowski	TR 4:45-6	Morris 112	
003	<b>Economic Survival in Growing Inequality</b>	TR 9:35-10:50	Morris 112	Stickers
004	Social History of Rock and Roll	TR 11-12:15	Altgeld 114	Brozak
005	Yoga for Harmonious Living	T 2-4:30	REC Center	Tigerlily
006	Yoga and Sound Healing Johnson	W 11:30-1:50	Altgeld 116	
007	Yoga for Self-Realization	R 2-4:30	REC Center	Tigerlily
008	Sociology, Substance Abuse/Behavioral Addict. Nichols	MW 2-3:15	Morris 112	
009	<b>Climate Change</b> : Mediating with Biotech Lightfoot	MF 11-12:15	PPI 114A	
010	<b>I Will Survive: Gay/Lesbian Life in 20<sup>th</sup> Century</b>	F 1-4	Pulliam 112	Dilley
011	Future of Space Exploration	MW 3:30-4:50	Parkinson 202	Lefticariu
012	<b>Politics of Survival: Social Movements</b>	TR 12:35-1:50	Morris 112	Reed
013	<b>The Evergreen Model</b>	TBA	TBA	TBA

### **351S-Science Group 1**

001	Future of Space Exploration	MW 3:30-4:50	Parkinson 202	Lefticariu
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### **351S- Science Group 2**

002	<b>Climate Change</b> : Mediating with Biotech Lightfoot	MF 11-12:15	PPI 114A	
003	<b>The Evergreen Model</b>	TBA	TBA	TBA

## **COURSE DESCRIPTIONS**

### **SURVIVAL THEME – CLUSTER COURSES ARE IN RED**

#### **CLIMATE CHANGE – MEDIATING THE CLIMATE CRISIS WITH BITECHNOLOGY -- NEW!**

This course will cover the basic principles of climate change remediation technologies, including plant and animal biotechnology, using current examples. We will reflect simultaneously on environmental and ethical concerns. A seminar style class that is focused on exploration and imaging alternatives, it poses the questions: Can you think? Can you envision? Creating a new life form takes decades...are you patient?

**David Lightfoot, Professor, Plant Soil and Agricultural Systems**

#### **ECONOMIC SURVIVAL IN A TIME OF GROWING WEALTH INEQUALITY – NEW!**

To what extent has wealth inequality in the U.S. increased in recent years? How has this increasing wealth inequality created growing feelings of economic insecurity? What are the causes, both historical and recent, that produced this inequality? How has wealth inequality affected education, health, American democracy, and gender and racial minorities? What are some strategies for reversing this trend? Upon what philosophical and ethical principles might a just economy be based? What might an economically just society look like?

**Kenneth Stickers, Professor, Philosophy**

### **THE EVERGREEN MODEL – NEW!**

This course is designed by Forestry & Natural Resource students and professors with the purpose to facilitate a comprehensive learning experience for an interdisciplinary class of honors students as they seek to apply themes in sustainable development, landscape planning, and culture-environment interactions to real-world problems at Evergreen Terrace Apartments. This class will act as a place-based education model, informing the scope of class projects with the self-identified needs of Evergreen Terrace's multicultural population. A synthesis of formal and nonformal learning opportunities will blend personal introspection with the study of natural, physical, and social sciences - applying the different perspective lenses as we engage in field visits, community capacity building efforts, and a series of guest lectures. Students will walk away with new meaningful relationships, impactful projects, and a uniquely-tailored educative experience.

**Students Jacob Bolton, Senior, Forestry and Grant Depoy, Senior, Forestry, and Jyotsna Kapur, Director, UHP**

### **FUTURE OF SPACE EXPLORATION – NEW!**

What are the past, ongoing, and future space exploration missions lead by NASA, ESA, and other space agencies as well as by private companies or mixed state-private endeavors? What does the physical exploration of space look like? How do unmanned robotic space probes as well as the human spaceflight of the planets, moons and asteroids explore the Solar System? How can we explore the origin of the solar system, the composition of the planets and moons of the Solar System, and the variety of extra-terrestrial objects? Can we harness parts of space to become a major source of natural resources? What are the legalities involved in exploring space? Is colonization of the Moon and Mars, or their parts, possible?

**Liliana Leticariu, Associate Professor, Geology**

### **HIP HOP, RACE, GENDER, AND INCARCERATION – NEW!**

How does mass incarceration effect every community and every facet of our contemporary lives? How does the prison system institution perpetuate issues around race and gender? What does "survival" mean from the standpoint of the carceral state, in terms of visibility and invisibility? What does the prison make appear? What does it make disappear? How can we rethink the intersections between race, class, and gender? What are everyday aesthetics that cause us to rethink the racializing and gendering practices that support the carceral state?

**Alfred Frankowski, Assistant Professor, Philosophy**

### **"I WILL SURVIVE:" GAY AND LESBIAN LIFE IN THE 20<sup>TH</sup> CENTURY AMERICA – NEW!**

How have non-heterosexuals been portrayed in American society, and how have they changed that portrayal? What does gay and lesbian student collegiate activism look like? How do individuals (and collectives) come to understand their lives and the actions they undertake (or not) to change their lives? Can we learn to comprehend those who do not feel they find comparable sexual identities or compatible cultures/communities? How do those people "live?" How do they create communities and cultures, how do they convey the values and mores they craft from such experiences? What is the meaning of life? What is the meaning people make from living?

**Patrick Dille, Professor, Educational Administration and Higher Education and Women, Gender, and Sexuality Studies**

### **POLITICS AS SURVIVAL: SOCIAL MOVEMENTS AND REVOLUTIONS CHANGING SOCIETY – NEW!**

What is a social movement/revolution? In what ways do they change society? Under what conditions do social movements/revolutions emerge? What are the objective and subjective conditions that make political contention possible?

**Jean-Pierre Reed, Associate Professor, Sociology**

### **SOCIAL HISTORY OF ROCK AND ROLL**

What elements of music in a given work make it unique, interesting, and expressive? How do these elements differ from one artist to the next? How were artists (and their music) influenced by race, socio-economic status, culture, gender, and sexuality? How did the development of various instruments influence the “birth” of rock? What new methods of performance were a result of these developments? Many artists unknowingly signed-away the rights to their music for a few dollars; how have copyright laws in America progressed?

**George Brozak, Associate Director of Bands, Music**

### **SUBSTANCE USE AND BEHAVIORAL ADDICTIONS FROM A SOCIOLOGICAL PERSPECTIVE – NEW!**

What is the considerable influence of ‘sociologic’ factors on problem drinking, drug use and behavioral addictions? Are these pursuits caused exclusively by biologic traits, psychological determinants, or moral failure? How can we understand the nature of drug use and behavioral addictions? Is it necessary to understand the chemical properties of the substances at issue, the attributes of the people who use and abuse drugs, and the norms and characteristics of the society in which the substance use occurs? What are the processes by which particular conditions and behaviors are constructed as deviant? What happens to people who are identified as deviant? How can we examine and contrast a variety of legal and illegal psychoactive drugs and the determinants associated with their status? This course meets Advanced Training requirements for Illinois certification in Alcohol and Drug Counseling (CADC).

**Jane Nichols, Associate Professor, Rehabilitation Institute, Rehabilitation Counseling, and Administration**

### **YOGA FOR HARMONIOUS LIVING**

Healing begins from a state of relaxation. This statement is deceptively simple and incredibly profound. As a society, we are far from relaxed. We normalize stress and glorify sleeping less; we value productivity over life quality and balance. This course introduces students to the practice and study of Yoga as a way to create and sustain a lifelong practice of self-awareness and healthy living. We will practice and study yoga postures and philosophies, including Hatha Yoga sequences for balance and renewal; The Yoga Sutras, emphasizing the Yamas (moral restraints), and the Niyamas (moral observances); and Eastern anatomies and applications for holistic health, such as the Koshas and the Chakras; and centering tools of breathing and meditation.

**Diana Tigerlily, Associate Professor of Practice, Women, Gender, and Sexuality Studies**

### **YOGA AND SOUND HEALING – NEW!**

How can yoga and sound practices help foster clearer thinking, emotional equilibrium, a sense of peace and wellbeing, balance, flow and ease in navigating your life? How can yoga and sound practices facilitate greater awareness, compassion, empathy, presence, and a deeper interpersonal communication? How can practices of yoga and sound create safe spaces that nurture internal processes and a sense of feeling at home in your body while fostering a sense of community and belonging? What is the power of yoga, sound/music, and other expressive arts?

**Maria Johnson, Associate Professor, Music**

### **YOGA FOR SELF-REALIZATION – NEW!**

A sister course to Yoga for Harmonious living, this course asks: What are defining elements of Yoga and Ayurveda? How can they facilitate my holistic well-being? What is the subtle body and its relationship to my physical body and higher self? Why do certain foods impact my emotional and mental states? How can I utilize the study of my *Doshas* (energies) to enhance holistic health? How do I create an optimal lifestyle regimen for holistic health and self-realization?

**Diana Tigerlily, Associate Professor of Practice, Women, Gender, and Sexuality Studies**

### **UHON 111 – HONORS COLLOQUIUM (BY INVITATION ONLY)**

The Honors Colloquium (Becoming an Honors Scholar) is an introduction to the world of opportunities that may support and enrich an undergraduate or graduate education. This course is an introduction to the process of

applying for major scholarships; to the elements of writing style for major scholarship applications; and to other aspects typical of scholarships, graduate, and professional school applications. This class will guide you through this process of self-reflection as you craft essays, develop interview skills and discover research opportunities. **Participation is highly selective and requires an application, essay and interview. For more information on this course, contact Elizabeth Donoghue at [Elizabeth.donoghue@siu.edu](mailto:Elizabeth.donoghue@siu.edu) or stop by her office at Morris 110C.**