

## Spring 2024: University Honors Program UHON 351 Seminars

- One of the perks of being an Honors student is that you get to register early for classes.
- To take an Honors seminar, you must reserve a spot or join the waitlist during the **October 24 - 27 online reservation process**. Be on the lookout for details in the 411.
- **Early registration for all classes begins on Monday, October 30<sup>th</sup>**. Registration must be completed using Saluki-Net.
- Students must meet with their Honors mentor at least once prior to reserving or registering for an Honors seminar.
- To learn more about the seminars, meet the faculty teaching these seminars at the **Honors Faculty Roundtable, Monday October 23<sup>rd</sup> from 4-5:30 pm in the Honors Lounge**.

The Honors cluster theme this year is *Cosmos and Culture*. The courses in this cluster are **marked in red**.

### UHON Elective Seminar

111	The Honors Colloquium	W 3:00-5:30	Library 174	Donoghue
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### 351F- Fine Arts

001	Social History of Rock and Roll	TR 1:00-2:30	Faner 1526	Brozak
002	Class on class: Creating a cinematic self-portrait through the lens of social class	TR 9:00-10:30	Comm 1251	Kalayeh and Kapur
003	Empathy Through the Arts: Make America Care Again: Re-evaluating, Revisiting, Remixing Interdisciplinary Media Arts Practices (CAM Signature Course)	F 1:00-3:30	Comm 1251	Metz and Spahr

### 351L- Human Health

001	Health Communication	MW 9:00-10:15	Library 174	Karan
002	Psychological Skills for Everyday Life	M 10:30-1:30	Library 174	Lee
950	Intercollegiate Athletics	W 11:00-1:50	Virtual	Knapp and Mahony

### 351M-Multicultural

001	Empathy Through the Arts: Make America Care Again: Re-evaluating, Revisiting, Remixing Interdisciplinary Media Arts Practices (CAM Signature Course)	F 1:00-3:00	Comm 1251	Metz and Spahr
002	Social History of Rock and Roll	TR 1:00-2:30	Faner 1526	Brozak
003	Class on class: Creating a cinematic self-portrait through the lens of social class	TR 9:00-10:30	Comm 1251	Kalayeh and Kapur
004	Global Political Economy of Food	TR 2:35-3:50	Library 174	Moon
950	Intercollegiate Athletics	W 11:00-1:30	Virtual	Knapp and Mahony
Summer intercession: Old Humans, New Humans – New!		May 11 – June 5		Conder

### 351O-Social Science

001	Future of Space Exploration	TR 4:30-5:45 pm	Library 174	Lefticariu
003	Health Communication	MW 9:00-10:15	Library 174	Karan
004	Global Political Economy of Food	TR 2:35-3:50	Library 174	Moon
005	Psychological Skills for Everyday Life	M 10:30-1:30	Library 174	Lee
950	Intercollegiate Athletics	W 11:00-1:30	Virtual	Knapp and Mahony

### 351S1-Science 1

001	Future of Space Exploration	TR 4:30-5:45 pm	Library 174	Lefticariu
Summer intercession: Old Humans, New Humans – New!		May 11 – June 5		Conder

### 351S2-Science 2

002	Pyrogeography: The History of Fire on Earth	TR 10:35-11:50	AG 168	Ruffner
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## **351U-Humanities**

001	Social History of Rock and Roll	TR 1:00-2:30	Faner 1526	Brozak
002	Class on class: Creating a cinematic self-portrait through the lens of social class	TR 9:00-10:30	Comm 1251	Kalayeh and Kapur
003	Health Communication	MW 9:00-10:15	Library 174	Karan
004	Future of Space Exploration	TR 4:30-5:45 pm	Library 174	Lefticariu
005	Empathy Through the Arts: Make America Care Again: Re-evaluating, Revisiting, Remixing Interdisciplinary Media Arts Practices (CAM Signature Course)	F 1:00-3:30 pm	Comm 1251	Metz and Spahr
006	Pyrogeography: The History of Fire on Earth	TR 10:35-11:50	AG 168	Ruffner

## **COURSE DESCRIPTIONS**

### **Social History of Rock and Roll**

What elements of music in a given work make it unique, interesting, and expressive? How do these elements differ from one artist to the next? How were artists (and their music) influenced by race, socio-economic status, culture, gender, and sexuality? How did the development of various instruments influence the “birth” of rock? What new methods of performance were a result of these developments? Many artists unknowingly signed-away the rights to their music for a few dollars; how have copyright laws in America progressed?

- **George Brozak, Associate Director of Bands, Music College of Arts and Media**  
(Fulfills: Fine Arts, Multicultural, or Humanities)

### **Summer intercession: Old Humans, New Humans – New!**

The evolution of humans and the development of civilization is intertwined with the immediate and surrounding environment. Climate, availability of natural resources, and susceptibility to natural hazards all have and continue to play a role in directing evolution and civilization. South Africa boasts a wealth of early hominid fossils as well as an abundance of mineral and animal resources. In contrast, water can be scarce. This **study-abroad** will give the student context of the hominid fossils and natural resources presented today in South Africa. Drawing on these examples, we will examine how resources, environment, and hazards influence human evolution and how these continue to influence civilization today. Tentative travel dates: May 20<sup>th</sup> - May 30<sup>th</sup> 2024. Approximate cost: \$5,500.

- **James Conder, Professor, Geology, School of Earth Systems and Sustainability;**  
**College of Agriculture, Life and Physical Sciences**  
(Fulfills: Multicultural or Science 1)

### ***The Honors Colloquium***

Learn about the world of opportunities that may support and enrich an undergraduate or graduate education. This course is an introduction to the process of applying for major scholarships; to the elements of writing style for major scholarship applications; and to other aspects typical of scholarships, graduate, and professional school applications. This class will guide you through this process of self-reflection as you craft essays, develop interview skills and discover research opportunities.

- \*Participation is highly selective and requires an application essay.**  
**Contact Elizabeth Donoghue, Assistant Director, University Honors Program**  
**[Elizabeth.donoghue@siu.edu](mailto:Elizabeth.donoghue@siu.edu) or stop by her office at Morris 184D**

## **Class on Class: Creating a cinematic self-portrait through the lens of social class – New!**

An exploratory course that turns the camera on class (all meanings intended) and asks students to develop a personal self portrait of the seminar class itself. *Who are we? What would our self-portrait be in this moment?* By looking at how self-portraits and personal storytelling have evolved from fireside chats to Zen koans to the contemporary reality series, we will identify the common elements that are used to tell our personal stories and create our own collective self-portrait. Through cinematic and thought exercises, students will design their versions of what our class really is, whether it's a glimpse of the larger whole, or an opportunity to uncover and excavate what separates and unites us, and helps us empathize and understand the other personal stories we have yet to hear.

- **Pirooz Kalayeh, Assistant Professor, School of Media Arts; College of Arts and Media**
- **Jyotsna Kapur, Professor, Cinema and Media Studies & Director of University Honors Program.**  
(Fulfills: Fine Arts, Multicultural, or Humanities)

## **Health Communication Strategies**

This course stems from the urgent need to understand good health practices for healthy behaviors and survival strategies for leading a healthy lifestyle. What are some methods of communicating with people at different levels in the health care industry? Taking examples from across the world, we will study how they have tackled health issues through effective plans and communication strategies? Examples will include, COVID-19 and SARS. How should campaigns be planned to communicate healthy practices, prevention and control of health issues and diseases? How is the internet and new media technologies, including social media, supporting health information?

- **Kavita Karan, Professor Journalism; College of Arts and Media**  
(Fulfills: Human Health, Social Science, or Humanities)

## **Intercollegiate Athletics: Origins Through Contemporary**

Intercollegiate athletics has been referred to as the front porch of the modern U.S. university. What started out as student-run sport clubs at elite private institutions eventually became recruiting and marketing tools for colleges and universities throughout the U.S. This course will chart the history of intercollegiate athletics from its start on the playing fields of Yale, Harvard, Princeton, and other private institutions as student-run, student-played, and student-coached sporting clubs to the development of the Power Five Conferences and football coaches who make over \$8 million dollars a year. As part of this exploration, the course will also examine the impact of systems of socio-economic class, race, ethnicity, sex, gender, sexuality, disability on the intercollegiate athletic experience. We'll also cover topics such as amateurism, labor unions, activism and protests, academic scandals, sport-industrial-military complex, and reform.

- **Bobbi Knapp, Associate Professor of Sport Studies, Kinesiology**
- **Daniel Mahony President, Southern Illinois University System**  
(Fulfills: Human Health, Multicultural, or Social Science)

## **Psychological Skills for Everyday Life**

This seminar provides a unique opportunity for students to delve into the principles and practical applications of Cognitive Behavior Therapy (CBT) and apply them to their own lives. CBT is a widely recognized and evidence-based therapeutic approach that focuses on understanding how our thoughts, emotions, and behaviors are interconnected and influence our well-being. Throughout this course, students will gain a comprehensive understanding of CBT theory and techniques and learn how to utilize them to promote personal growth, enhance mental well-being, and overcome challenges. The course will emphasize self-reflection, self-awareness, and self-application as students explore various aspects of their own cognitive, emotional, and behavioral patterns.

- **Eric Lee, Assistant Professor, Psychology**  
(Fulfills: Human Health or Social Science)

## **The Future of Space Exploration**

The “Future of Space Exploration” course will introduce students to past, ongoing, and future space missions led by NASA, ESA, and JAEA as well as by private companies or mixed state-private endeavors. In order to understand what motivated human space exploration, we will begin by considering the planetary features of our Earth as well as other planets, their moons, and asteroids and trace their common origins within our Solar System. The composition of these extra-terrestrial objects has been guiding the economic incentives of space exploration since these planetary bodies could become a major source of natural resources on Earth. We will discuss the latest space exploration technologies by unmanned robotic probes and human spaceflights, including extraterrestrial water and mineral mining, soil augmentation and food production, and solar and other forms of energy necessary for sustainable colonies on the Moon and Mars. We will also reflect on the legal and political aspects associated with space exploration.

- **Liliana Lefticariu, Professor, Geology, School of Earth Systems and Sustainability;  
College of Agriculture, Life and Physical Sciences  
(Fulfills: Social Science, Science 1, or Humanities)**

## **Empathy Through the Arts: Make America Care Again: Re-evaluating, Revisiting, Remixing Interdisciplinary Media Arts Practices (CAM Signature Course)**

This is the first iteration of the signature course offered by the College of Arts and Media for Honors students, under the overall heading of *Empathy through the Arts*. This seminar studies how philosophers and artists from Ancient Greek culture can help us rescue our 21st century contemporary media arts culture, poisoned by a selfishness and cruelties. Students will be encouraged to fuse history, theory, and practice to make art that matters to them and art that attempts to make the world a better home for empathetic behavior. The course poses the question of “Why is empathy particularly important now?” Why are our current politics and media environment not based in empathy? Why is art a solution to this impasse? Students are also encouraged to engage with theories of learning that demonstrate that art brings us together via human interconnectivity, develop art activities that can bring us together, and identify current art practices that rip us apart.

- **Walter Metz, Professor in School of Media Arts; College of Arts and Media**
- **Robert Spahr, Professor in School of Media Arts; College of Arts and Media  
(Fulfills: Fine Arts, Multicultural or Humanities)**

## **Global Political Economy of Food**

This course is designed to help students gain global perspectives in coping with food insecurity problems arising from lack of economic development in some regions, population growth, environmental/soil degradations, climate change, and water shortages. The course examines the roles of competition (markets/economics) and cooperation/conflict (international politics) at play shaping our world in general and the global food economy in particular. It examines technological, environmental/ecological, and political/institutional constraints in reducing global hunger/poverty; and increasing food production sufficient to feed nine billion people by 2050. Students will learn diverse social science approaches (i.e., liberal, reformist, progressive, and radical approaches) intended to cope with the problems of the global food insecurity problem. The course will provide students with the opportunity to understand economic (competitive markets), political (power, national interest), and technological forces shaping the global food economy.

- **Wanki Moon, Professor, School of Agricultural Sciences;  
College of Agriculture, Life and Physical Sciences  
(Fulfills: Multicultural or Social Science)**

## **Pyrogeography: The History of Fire on Earth**

Pyrogeography is the study of the history of fire on planet Earth integrating plant and animal evolution, global ecologies, and human-social developments through time, leading into modern issues of climate change and loss of biodiversity. Students will be exposed to the extremely long history of fire here on Earth that has shaped ecosystems as well as fostered our own human development and evolution through reading current literature and discussing modern issues of firestorms through mixed media presentations and videos. While the study of fire has a long history, this new field is exciting and integrates so many fields of scientific inquiry that surely students will find the course engaging, timely, and expansive to their breadth of studies here at the University.

- **Charles Ruffner, Professor of Forestry, School of Forestry and Horticulture;  
College of Agriculture, Life and Physical Sciences  
(Fulfills: Science 2 or Humanities)**